



**Title:** The Evidence for Providing Gender- and Sexuality- Affirming Mental Health Care

**Description:** This talk will describe the Minority Stress Model as a framework for understanding health disparities and poor health outcomes among LGBTQ individuals and how gender- and sexuality- affirming interventions can increase effectiveness of treatment and improve health outcomes for the LGBTQ community.

**Bio:**

Dr. Allie Delozier earned her PhD in Clinical Psychology from Oklahoma State University (OSU) where she trained to work with both adults and minors, completing specialties in pediatric and child psychology. Her graduate research at OSU included the integration of physical and emotional health and using parent-based interventions to improve family outcomes. Dr. Delozier quickly found a passion for working with adolescents and young adults during this time. She then completed predoctoral residency and postdoctoral fellowship at the University of Mississippi Medical Center (UMMC), working with underserved populations. In 2020 Dr. Delozier moved back home to Oklahoma where she worked with the Choctaw Nation as their inaugural primary care psychologist to create new mental health services for tribal members. In 2022 she had the opportunity to reprise her role at UMMC as a fully remote Assistant Professor of Psychology specializing in improving and expanding mental health and substance use services through the use of statewide telehealth. She maintains a private virtual therapy practice as well, Delozier Psychological Services and Consultation to continue serving Oklahomans.

Dr. Delozier specializes in virtual psychotherapy, working with LGBTQ adolescents, health psychology, and the development of affirming multidisciplinary healthcare policies.

She regularly consults and writes for Kids Eat in Color and you can find her work on talking with kids about health, weight, and food featured on CNN.com, HLN, and Weekend Express. You can find examples of her work on creating LGBTQ-affirming healthcare spaces featured on a number of local TV and online print news outlets in Mississippi as well as on Mississippi Public Radio.