

PEER COUNSELORS	PARAPROFESSIONALS	MASTERS
<u>Educational Requirements</u> None None required  <u>Scope of Practice</u> Pastoral Counseling Substance Abuse  <u>License/Certification</u> None	<u>Educational Requirements</u> Bachelor None Required  <u>Scope of Practice</u> ADL skills: food, hygiene, money, shop, bus. DD access community resources  <u>License/Certification</u> None	<u>Educational Requirements</u> Masters; no accreditation standards in Oklahoma  <u>Specialized Training</u> College, Grad School (5-6 yrs) 1000 hours supervisions, no accreditation standards in Oklahoma  <u>Scope of Practice</u> Connect community resources Marriage, family counseling, able to do IQ/academic testing only  <u>License/Certification</u> LPC, LMFT
PSYCHIATRIST	PSYCHOLOGIST	
<u>Educational Requirements</u> Doctorate with national accreditation standards  <u>Specialized Training</u> College, Medical School Specialization in Psychiatry Internship, Residency (10+ yrs)  <u>Licensure/Certification</u> MD, DO Physician and Surgeon Board eligible specialization certified Psychiatry  <u>Scope of Practice</u> General Medicine Biochemical Counseling/Psychotherapy  Psychopharmacology Psychopathology diagnose, treatment Situational problems	<u>Educational Requirements</u> Doctorate with national accreditation standards  <u>Specialized Training</u> College, Graduate School Specialization in Psychology Internship, Residency (10+ yrs); APA Accreditation standards  <u>Licensure/Certification</u> PhD, PsyD, EdD Psychologist Board eligible specialization certified Psychology  <u>Scope of Practice</u> Behavior Modification Environmental Counseling/Psychotherapy, psychological and neuropsychological assessment Psychodiagnostic Assessment Psychopharmacology in scope of practice (select states) Psychopathology diagnose, treatment Situational problems	

**HOW DO PSYCHIATRISTS AND PSYCHOLOGISTS PRACTICE DIFFERENTLY?**

Both have approximately same years of training, but method of training vastly different. Psychiatrists, due to broad knowledge of medicine, usually prescribe medication for mental health disorders; increasing national shortage of psychiatrists and has restricted their ability to do anything but practice medicine; most psychiatrists focus on mental health treatment via medication vs. individual and group therapy

Psychologists due to broad knowledge of how the mind and environment work, tend to conduct psychotherapy, testing (neurological and functional), reinforce functional capacities of individual.

Most psychologists focus on mental health therapy; in some states, psychologists with specialized training legally prescribe medication “within scope of practice,” i.e. to treat mental health disorders.