

What has OPA been up to this quarter?



Oklahoma Psychologist Newsletter Update

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The official newsletter of the Oklahoma Psychological Association

An Update from the OPA President



Gilbert O. Sanders, EDD, ABMP

OPA President

Dear colleagues:

I would like to address three specific points in this brief column, volunteerism, membership, and OPA by-laws revision.

The first many of us have family and friends residing in the areas affected by Hurricane Harvey. I am sure that all have seen the news and video of the flooding and the suffering of those that have lost family, homes, and possessions of a lifetime. I would like therefore to suggest you consider becoming a member of the American Psychological Association's Disaster Response Network (DRN). The DRN works with the American Red Cross in providing psychologists to respond to disasters across the United States. At the present time, the DRN has approximately 2,500 psychologists nationwide serving as volunteers and more psychologists are needed in the Southcentral and Southwestern United States. To obtain additional information contact the APA DRN office at pracpr@apa.org.

Secondly, I would like to call your attention to the fact that we are a small professional organization. With the membership of just slightly over 170 members and with over 500 licensed psychologists in the state of Oklahoma it should be obvious that...

Continue reading [here](#).

An Update from OPA President-Elect



Dr. Lori Holmquist-Day, Ph.D.

OPA President- Elect

OPA's annual conference is right around the corner. We are excited to pass onto you the reasons why this is a conference you do not want to miss! On November 16th and 17th at the Metro Technology Center Springlake Campus, we will be hosting several out of state speakers, in addition to our own Commissioner White from the Oklahoma Department of Mental Health and Substance Abuse Services as the luncheon Keynote Speaker! The theme of this year's conference came about when OPA heard from its members that "bridging" the alliance between our State Association and important legislative groups was a priority. In addition, OPA wanted to offer our members a diversity of lectures and sessions that brought together ALL specialties in one room from the urban to the far reaching rural areas of Oklahoma to gather and share important topics, state of affairs, and forge relationships not factions so that one day maybe Oklahoma can be known as one of the national leaders in the area of mental health because of its strength as one united body.

Day 1 and 2 of the conference is jammed packed with exciting speakers and breakout sessions covering important topics that affect our population and practice. The conference opens up with a panel of directors from the ODMHSAS who will be speaking about the state of affairs of mental health in our state, recent and future programs, and innovative practices that reach out to the rural population. We are also leaving time for the audience to share with the panel what the state of mental health is in their area, in hopes that this alliance will help facilitate ways to solve the mental health needs of the rural population. Next, Commissioner White will be speaking to the audience about...

Continue reading [here](#).

Social Work and Master's Level CEU's have been approved.



OPA Annual Meeting
November 16-17, 2017

An Update from OPA Executive Director



Danna Fowble

OPA Executive Director

As I type this, it is the last of August in Oklahoma and the temperature outside is 84 degrees midday.... Feeling blessed beyond belief....for now...but don't blink, we do live in Oklahoma and it surely will change. That is how I feel about the last few months and summer.....blink and something will change or is over.

Thank you for the opportunity to serve as your Executive Director for the last two years. I believe, with your continued help, we can make OPA bigger and better. But, your help is still needed and in order to grow YOUR professional organization, we need "all hands on deck" just like what is being done in Texas with the aftermath of Hurricane Harvey. We have weathered the storm but if we don't learn from the experience, we will be caught defenseless.

OPA has experienced some membership growth so thanks to those of you who helped refer members. However, if you remember I stood in front of you last Annual Conference and challenged you to bring in new members so membership investments would be able to stay the same next year. Your help is still needed. As we move into the planning part of the year, the OPA Board and Committees will be shoring up program income and expenses for next year. While we have been blessed by APAPO CAPP grants for the last three years, OPA must be able to stand on its own without this aid. The only way we can sustain that is through providing value to YOU, our member, so that you will continue to invest and refer others to join our organization and take part in our programs and events throughout the year. Here are the top three benefits of OPA...

Continue reading [here](#).



HSP Division Update

Jennifer L. Morris, Ph.D.

Clinical Child Psychologist

2017 is moving quickly, and as the year is nearly three-quarters done, I wanted to give an update for the HSP division. I've been happy to serve as the HSP representative to OPA this year. My main goal this year has been to continue working on the goals identified in last year's OPA interest survey. The most



Oklahoma Legislative Update

Clay Taylor, OPA Lobbyist

Summer and early fall can be a slow time for political happenings in Oklahoma, especially in an off year for elections. But 2017 continues to show that things are not just business as usual at the State Capitol. Between legislators being forced out of office or retiring, challenges to budget measures passed during the session, and talks of

important issue noted was legislative concern/advocacy. The OPA Legislative Affairs committee worked throughout the legislative session to identify issues relevant to psychologists, and we worked with OPA's lobbyist, Clay Taylor, on following those relevant issues. The legislative updates have been given across the OPA list-serv, and many of the issues we were following took a backseat to the budget this year. We continue to monitor issues in the Capitol as they relate to health service providers, and we will continue to update the membership on ways you can help with this process.

Other areas of concern included the website and continuing education opportunities. I have been working with OPA's Executive Director on ideas for updating the website, and we hope to see those changes made soon. With regard to continuing education, this past June OPA sponsored an ethics training event with the Trust. More than 40 psychologists from around the state participated in this ethics training, during which the presenter discussed issues ranging from working with families to managing suicidal patients to retirement/practice closing. This event was tremendously informative, and we truly appreciate everyone's participation. We are already at work on next year's ethics training conference, and we hope that you will all participate. The next big CE opportunity will be the OPA conference.

As you are hopefully aware, this year's OPA conference will be November 16 & 17 at the Metro Tech Spring Lake Campus in OKC. This year's conference is entitled "Bridging the Gap," and will focus on bridging the gap between rural and urban mental health. Many of this year's speakers will address issues very relevant to health service providers. The conference will also include a panel from the Oklahoma Department of Mental Health and Substance Abuse Services

a special session, lots of things are happening at 23rd and Lincoln right now.

REVENUE MEASURES CHALLENGED

As we have previously seen, the Smoking Cessation Act of 2017 was struck down by our Supreme Court as an unconstitutional tax, leaving a gaping hole in our state's budget. It was anticipated to bring between \$215 and \$250 million to healthcare agencies this year. Now with that money gone, the governor and legislative leadership must decide how to handle this budget deficit hole.

Discussions have ranged from a 3.7% across the board cut to most agencies to rumors of nearly \$1 billion in new revenue measures to be brought up during a special session. Leaders at 23rd and Lincoln have said they were going to hold off and see what the court would do with four other revenue measures that were also challenged. The first of the remaining to be ruled on has just been upheld as constitutional.

The court has just ruled that the removal of a sales tax exemption on motor vehicle sales in the state was constitutional, leaving around \$120 million of new revenue in our state budget. The remaining measures I feel have a good chance to stand as well. In light of this development, we will continue to communicate with leaders and try and determine what their ultimate plan will be to deal with the revenue lost in the cigarette fee and when a special session might occur.

OPIOIDS

As we look down the road toward our goal of RxP rights, one part of the discussion we are monitoring is *Continue reading [here](#).*



OPA Diversity Division Update

Glenna Stumblingbear-Riddle, Ph.D.

(ODMHSAS), which will be a great opportunity for us as health service providers to learn and ask questions about issues impacting our day-to-day practices. This conference will also provide an opportunity for the HSP division to meet and to discuss goals for the next year.

Hope to see you all at the conference!!



ECP Committee Update

Jon Hart, Ph.D., Co-chair



Rachel Funk-Lawler,
Ph.D., Co-chair

Dear Colleagues,

Your ECP committee has been working hard to organize and prepare for an engaging year within the organization and across the state. Over the past few months, we have been having productive monthly meetings focused on developing a formal mission statement and structure to the committee as well as planning events throughout the year to recruit, engage, and serve Oklahoma's ECPs. We are currently a committee of six members and plan to continue meeting on a monthly basis (meetings last 60-90 min). These meetings are open to any psychologist or psychology trainee interested in our focus on early career issues; please watch your inbox for notice of upcoming meeting dates or email one of our co-chairs.

Upcoming events: The ECP committee will have an informational

The OPA Diversity Division will host a volunteer opportunity with Citizens Caring for Children located in **OKC on 9/22 from 9 to noon** and **09/30 from 9 to noon**. To learn more about the organization please visit their website at CitizenScaringForChildren.org



Psychologist of the Day

Jennifer L. Morris, Ph.D.

Clinical Child Psychologist

The mission statement of OPA is "to promote human welfare in Oklahoma by advancing psychology as a science and profession." One program where this mission is put into practice is the Psychologist of the Day program at the State Capitol. Being Psychologist of the Day involves going to the Capitol and meeting with members of the State House and Senate, and serving as the nurse/physician of the day, should anyone require assistance. This program provides a unique opportunity to educate legislators on our profession and the important roles psychologists play in a variety of arenas.

I had the opportunity to serve as Psychologist of the Day in May. During this day, I was able to meet with my representative as well as spending time with other representatives and senators. The day began with individual meetings, during which I was able to share some of OPA's goals and the issues relevant to psychologists in the state. I found all of the individuals with whom I interacted to be eager to learn about our profession and willing to listen to how mental health services are an important need in the state. My day was an especially interesting experience, as it was the end of the legislative session, and the legislators were scrambling to pass the budget. In my preparation for the day, I did not anticipate seeing the governor on the floor of the House working to get votes! In spite of the chaos, I felt that the legislators are interested in listening, and the experience showed how we in the mental health community can advocate for ourselves to

table at the upcoming annual conference and will provide materials as well as be present to answer questions. During the conference, will be partnering with the Diversity Division for a social on Thursday evening (more details to come). The committee is also

organizing an OPA mentoring program that will pair ECPs with mid- to late-career psychologists as a resource for guidance, connection, and service. Finally, planning is also in the works for an ECP-focused event in the Stillwater/Tulsa area just after the New Year. Exciting time to be involved! We hope you will consider joining our efforts and passing this onto any others you know of who might be interested!

Sincerely,

Your ECP Committee

Jon Hart, Ph.D., Co-chair

Rachel Funk-Lawler, Ph.D., Co-chair

those who are making the laws in the state.

I encourage anyone who is able to participate in this program to do so. Please keep an eye out on the OPA list-serv for the call for volunteers to participate. It is an opportunity not to be missed!

Announcements

Congratulations Glenna!



OPA's very own Glenna Stumblingbear has been selected as one of The National Center for American Indian Enterprise Development (NCAIED) "Native American 40 Under 40."

Glenna will be honored September 6th,

Extending Call for Nominations

Hello colleagues,

With our change of annual meeting date to Nov. 16-17, we are extending our call for nominations. Open positions are: President-elect, Treasurer, and two At-large Members to Board of Directors. We all have a vested interest in OPA serving as a strong, influential voice helping to

during the inaugural Northwest Enterprise Development Conference at the Tulalip Resort Casino in Tulalip, WA.

Here is a statement from Glenna:

"I would like to thank Drs Gillaspy and Rojas for encouraging me to get more involved in OPA as a Diversity Delegate at the Practice Leadership Conference. My experience there was remarkable and helped me hone leadership skills which ultimately led to forming the OPA Diversity Division and being involved on the OPA board and now an APA committee. I have thoroughly enjoyed being involved on state and national levels advocating for psychology, psychologists, communities of color, underrepresented and marginalized groups, and for diversity and multiculturalism. I would encourage students, early career psychologists, mid-career, and late-career psychologists to get more involved. My term as Diversity Chair will end this year and so if you or someone you know is interested in serving as Chair of the OPA's Diversity Division please attend OPA's annual conference. You can self-nominate or a colleague can make the nomination. If you have questions about the role and responsibilities please feel free to contact me. Thanks again for all the support and encouragement. I truly appreciated the opportunity."

For more information about Glenna's award click [here](#).

ODMHSAS Announcement

Traylor Rains-Sims, Senior Director,
Policy & Provider Regulation

The Department of Mental Health and Substance Abuse Services (ODMHSAS) was awarded a demonstration grant from The Substance Abuse and Mental Health

protect and further the study and practice of psychology in the great state of Oklahoma. Please consider participating in the mission of our organization by nominating yourself or a willing colleague. Here is the new timeline:

- **August 4, 2017- Call for nominations**
- **September 17, 2017- Nominations close**
- **September 24, 2017- Nominees provide picture and statements**
- **October 1, 2017- Campaign issue and voting open to membership**
- **November 3, 2017- Voting closes**
- **November 17, 2017- Election results announced at annual conference**

As always, please do not hesitate to reach out to members of the nominating committee or any current member of OPA leadership with questions regarding the election or service on the board. [Attached](#) is the call for nominations with more detailed descriptions of each position.

Respectfully,

Jon Hart, Ph.D.

Health Service Psychologist

Assistant Professor

University of Oklahoma Health

Sciences Center General and

Community Pediatrics

Ph (405) 271-4407

Fax (405) 271-8709

Services Administration (SAMHSA) and the Centers for Medicare and Medicaid Services (CMS) to implement Certified Community Behavioral Health Clinics (CCBHC) pilots in Oklahoma. Oklahoma was one of 8 states chosen for this 2-year demonstration program. There are three CCBHCs in Oklahoma who are responsible for directly providing nine required types of behavioral health treatment services, with an emphasis on the provision of 24-hour crisis care, utilization of evidence based practices, care coordination, and integration with physical health. The three sites include NorthCare and Red Rock Behavioral Health Services in Oklahoma City and Grand Lake Mental Health Services in the northeastern area of the state.

For services provided to SoonerCare members, CCBHCs will be reimbursed utilizing a ...

Continue reading [here](#).

HRSA Launches Health Workforce Connector to Help Health Care Professionals Find Jobs

The Health Resources and Services Administration (HRSA) has created a new online tool called the [Health Workforce Connector](#) to help health care professionals, including psychologists, find jobs at more than 20,000 sites and health care facilities in the communities across the country.

Psychologists can search by job title, medical discipline, state, city, and zip code to find jobs best suited for them. In turn, Oklahoma and other states can fill jobs in



Welcome NEW OPA MEMBERS

(May – August 2017)

Cummins, Virginia

15930 Cherokee Blvd

Skiatook, Oklahoma 74070

Graduate Program: Oklahoma

State/Clinical Psychology

Retired

Edwards, Clayton

213 W Elm Apt 209

Stillwater, Oklahoma 74074

Student

Krawiec, Cari

(Private Practice)

8937 S. Garnett Rd

Broken Arrow, OK 74012

Graduate Program: Oklahoma State

University

1st Year Member

communities that need more health care professionals.

Providers who are employed by health clinics with a certain [Health Professional Shortage Area](#) (HPSA) score may qualify for funding opportunities offered through HRSA, such as the [National Health Service Corps](#) (NHSC) and [NURSE Corps](#). These programs help place primary care providers in areas of the United States with limited access to care, and provide members with scholarships and loan repayments in return for their service.

Members of the Oklahoma Psychological Association can use the Connector to find a job they love, be eligible for loan repayment, and become a part of a network of thousands of providers who give back to communities in need.

To learn more about the Connector, visit <https://connector.hrsa.gov>.



Lyne, Deborah

Omega Plans

2000 Arapaho Road

Edmond, OK 73013

Place of Study: University of Central

Oklahoma

Student

Parks, Gregory

6608 N. Western Ave Ste. 453

Oklahoma City, OK 73116

Graduate Program: Walden Univ. @

Washington DC, WRAMC

1st Year Member

Walker, C. Eugene

1133 Bank Side

Edmond, Oklahoma 73012

Graduate Program: Purdue University

Retired

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